

# Back on the *Beat*



The Police Treatment Centres

News from the Police Treatment Centres

Spring 2023 E-Newsletter



## Head of Clinical Services, Mark Oxley, Off To Pastures New

Mark has been with the PTC for over 15 years but has now decided it is time to hand over the reigns as Head of Clinical Services to someone else.

To find out where Mark is off to, and who is going to fill his boots as the new Head of Clinical Services, [CLICK HERE](#)

## PTC At The World Police Summit



PTC CEO, Patrick Cairns had the honour of being invited to attend and address this year's World Police Summit held in Dubai. Patrick was invited to address the Summit on the subject of Police Officer Wellbeing and the work of the PTC.

***Patrick said, "Everyone I spoke to was both envious and jealous of The PTC and wished that they had something similar in their own country."***

To read all about Patrick's visit,  
**[CLICK HERE](#)**

# Virtual Information Sessions

## Ever wondered...

- Do I need to be on sick leave to attend?
- Can I come for a pre-existing injury?
- How do I apply for treatment?
- What roles are supported by the Charity?

We are running a number of virtual information sessions to inform and update people on what is available at the PTC and to answer as many of those common questions as we can.

**To find out what dates are available and how to sign up,**

**[CLICK HERE](#)**





## May 2023 Lottery Superdraw

This time round we are not only doubling our top prize to £2000, we are also giving away not one but TWO amazing spot prizes

Sign up today, or add to your current entries to increase your chance of winning

[Click here for more prize info and for details on how to join](#)



**DON'T  
FORGET!**

## Retired Officers - Don't Forget..



We now run a unique one week Wellbeing Programme specifically for Retired Officers to help with their mental health and wellbeing.

**Click here for the full details**



# Are You Up For A Challenge?



**Get moving this Spring with  
The PTC Big Step Challenge.  
15th May - 14th June 2023**

This year we are leaving the bikes at home and going on foot for our annual fundraising challenge.

There are three different challenge levels and you can even compete as a team.

**Click [HERE](#) for more info**

# Can you help us out?



As a charity we constantly need to partner with others that can help us to raise funds.

We need businesses and companies who could sponsor one of our events, or an element of that event, such as our Big Step Challenge.

We need donations or gifts-in-kind that can be used as prizes for our Lottery Superdraws.

**If you have any ideas who we could approach, or any contacts, please [CLICK HERE](#) to get in touch**





## Rooms are booking up fast for 2023!

Whether its golfing, cycling, walking, or just relaxing, both our centres offer excellent locations for enjoying a weekend away.

You could sample the delights of Betty's Tea Room in gorgeous North Yorkshire, or try a round of golf at the prestigious Gleneagles Golf Resort in beautiful Perthshire.



For a full list of B&B rates,  
or to book a weekend

**[CLICK HERE](#)**



WINNER



**And the lucky winner  
is.....**

**In 2022 we held a competition to  
win a 2 year lease of an electric VW car**

**The winning name was picked out of a  
bucket and in February this year, Liam Kelly  
The Police Children's Charity Chair, handed  
over the keys.**

**To find out who won this amazing prize, and  
how they are getting on with it,  
[CLICK HERE](#)**

*"this is an amazing place and has helped me so much in 2 weeks" Anon - recent patient*



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