Volunteers Wanted For

Research Study

Interested In Helping Research Into Muscle Wasting ?

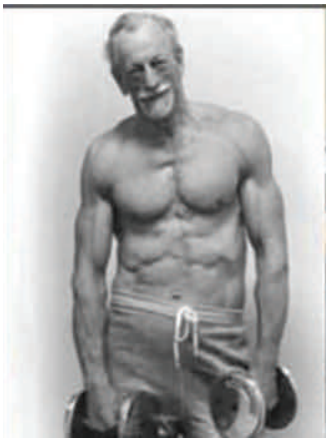
We are looking for MALE and FEMALE volunteers aged between 18-30 and 60-75 to investigate the effects of exercise and nutritional supplementation on muscle mass in youth and older age.

AN INCONVENIENCE ALLOWANCE WILL BE PAID

The Study will involve

- 6 weeks of resistance exercise training
- Muscle biopsies
- Daily nutritional Supplementation (60-75y)

For more information please contact Matthew Brook at mzxb2@nottingham.ac.uk or Dr. Anna Selby at anna.selby@nottingham.ac.uk Tel. 01332 724601



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